



PROGRESS REPORT

A SOCIETY FOR HELP & DEVELOPMENT



YEAR 2022-2023

Helpless Hope Society (HHS)

**Vill & Post- Indarpur Tola Baraipurawa Campierganj District
Gorakhpur 273258 U.P. India**

Contact - +91 8851577937 +91 9953567339

Email – hhsngo4@gmail.com

Website <http://hhsindia.org/>

Annual Progress Report from 01 April 2022 to 31 March 2023

In the year 2022-23, the organization laid special emphasis on women empowerment, quality education of children, child abuse, clean drinking water, groundwater storage, awareness towards saving water and environment. Under which, along with skill enhancement program to make women self-reliant, free education has been arranged for children by the organization. Apart from this, the organization worked intensively on issues like drinking water and sanitation, groundwater storage, women's education, animal welfare, awareness program against child abuse, capacity building and awareness program, and environmental awareness program. The activities conducted under the year 2022-23 are as follows.

Bal Gurukul is being run with the support of Indian Development Foundation

Bal Gurukul is being run in Maharajganj and Gorakhpur district by Helpless Hope Society Gorakhpur with the support of Indian Development Foundation Mumbai, in which 200 poor children are being given additional education apart from school education. Here children are being trained in sports, handicrafts, English, mathematics, science, etc. In this Bal Gurukul, children are being given education along with free sports material, notebooks, pens, etc.

India Against Child Abuse Awareness Program run by AINA Organization Varanasi

With the support of AINA Organization, Helpless Hope Society Gorakhpur organized India against child abuse Awareness Program in all the Gram Panchayats of Campierganj development block of Gorakhpur district. In which children will be given information about child abuse, sexual abuse, good touch, bad touch and in the same sequence they will be told about 1098 child helpline and 1090 women helpline. Which has been efficiently run by our organization Helpless Hope Society to create awareness.

Blanket distribution to the elderly, poor and needy

Helpless Hope Society Gorakhpur, in collaboration with Indian Development Foundation Mumbai, distributed blankets to the poor, elderly, helpless and needy people in Maharajganj and Gorakhpur districts to protect them from the cold

Water Public Awareness Campaign

On the occasion of World Water Day 22 March 2024, Helpless Hope Society took a pledge to conserve water under the community meeting and water oath program keeping in mind the water conservation and the community was sworn in to conserve water.

The President of the organization Skand Kumar Chaurasia said that if there is water, there is tomorrow. Talking about history, water has been the most important place since ancient civilization.

To save water, it is necessary to plant as many trees as possible on barren land so that it will improve the environment and there will be sufficient rainfall. He said that if the rainwater falling on the roof of the house is collected by making a concrete well, then it can be used for drinking in the summer season.

He said that the amount of potable water on this earth is very limited. Due to continuous exploitation of which, such a situation has arisen that the level of underground water has gone very low in some places. Said that we should store rainwater so that the level of underground water always remains good. Drinking water should not be wasted.

Women's Rights Program

To make women aware of their rights, the organization launched a campaign in the year 2021-22 to make the girl students studying in various colleges aware of their rights and entitlements.

Groundwater Harvesting Campaign

This Helpless Hope Society for water conservation works towards creating clean and green landscapes to ensure sustainability of natural resources. Their water conservation venture works on the concept of rainwater harvesting – they collect excess rainwater and help replenish groundwater.

This water conservation NGO in India has been promoting rainwater harvesting techniques through bore well recharge and rooftop rainwater harvesting for over three years now. Founded by Mr. Skand Kumar Chaurasia, an entrepreneur in modern-day rainwater harvesting, it believes that water scarcity cannot exist in India if its water harvesting methods are followed.

The organization's Direct Bore-Well Recharge technique combines common rainwater harvesting practices with innovative practices to replenish groundwater tables and aquifers with naturally filtered rainwater. Borewells recharged with its technique have seen increased water levels. Rooftop water harvesting is another way through which this NGO is inspiring many people to save water. This water can be used for drinking and domestic needs, agriculture and recharging borewells and groundwater levels.

International Women's Day Program: -

On the occasion of International Women's Day, various awareness programs were organized in Maharajganj and Kushinagar district from March 1 to March 8. On this occasion, speech competition and discussion program were organized on the issue of gender equality in various schools from March 1 to March 8.

Helpless Hope Society (HHS) Multiple and conflicting forms of discrimination against women and girls, rooted in gender inequality, harm their health and well-being. Women and girls in many parts of the world face risks of unwanted pregnancies, sexually transmitted infections including HIV and cervical cancer, malnutrition, depression, and respiratory infections, among other risks.

Digital health and information platforms can improve health outcomes for women and girls and increase their autonomy and privacy - they are able to make informed health decisions, improve

access to health services, treatments and medicines, and raise awareness about women's rights, including sexual and reproductive health.

Laxmi- Women Literacy Program

In collaboration with Indian Development Foundation Mumbai, Helpless Hope Society has conducted awareness campaigns to provide information about spending, saving and investment to poor, illiterate, economically backward women and has given them training on spending, saving and investment.

Saksham – Home Credit – Women Literacy Campaign

In collaboration with Indian Development Foundation Mumbai and Home Credit of India, Helpless Hope Society has conducted awareness campaigns to provide information about spending, saving and investment to poor, illiterate, economically backward women and has given training to women on spending, saving and investment.

Idf I Discover & Capacity Building Project

The children of Chandra Gupta Maurya Bal Gurukul, run by Helpless Hope Society in collaboration with Indian Development Foundation, were taken on a tour of the fair of Baraat Gada Maharajganj, a historical place, through IDF I Discover & Capacity Building Project.

All the children who went on the tour were shown all the gods and goddesses and were made to enjoy all the games and swings available there for entertainment. The children were given sweets and refreshments.

In the evening, after returning home from the tour, all the children came to Gurukul and stationery and toys were distributed to all the children. All the children were given notebooks, pencils, erasers, cutters, hair.

Bal Gurukul teachers Vishal Yadav, Angad Chaurasia and Principal of Smt. Chandravati Devi Vidya Mandir Sugriv Rai were present in all the above programs.

Awareness campaign on maternal health and safe pregnancy termination

Helpless Hope Society Gorakhpur in collaboration with Sahayog Society for Peri-Patient Rural Development Lucknow launched Safe Motherhood Initiative to create awareness among women. Despite programmatic efforts and rapid economic progress, the achievement is still far away. Geographic vastness and socio-cultural diversity mean that maternal mortality rates vary across states, and a uniform implementation of health sector reforms is not possible. It analyses trends in the implementation of maternal health programmes. It identifies reasons for the limited success in improving maternal health and suggests measures to improve them. It recommends effective monitoring as well as improved reporting of maternal deaths and implementation of evidence-based, focused strategies for rapid progress. It also emphasises the need for regulation of the private sector and encourages public-private partnerships and policies along with a strong political will and improved management capacity to improve maternal health.

Seminar for use of pure drinking water

Helpless Hope Society Gorakhpur organized a seminar for use of pure drinking water in Gram Panchayat Indarpur in which people were told to use pure water. Nowadays the above ground water has become very contaminated and people are falling ill due to many diseases after drinking it. To get rid of these water borne diseases, we will have to use pure drinking water only.

Awareness program against gender-based inequality and violence against women

Helpless Hope Society Gorakhpur organized an awareness campaign against gender-based inequality and violence against women in which a large number of workers of the organization and a large number of people from the community participated. People from the community took out an awareness rally to stop gender-based discrimination, domestic violence, child violence, sexual harassment. On this occasion, people were connected with the awareness campaign against gender-based discrimination, children's rights, violence against women.

Awareness campaign in Jal Jeevan Mission

Helpless Hope Society Gorakhpur has done all the activities like community meeting, women meeting, men and women joint meeting, hand wash demonstration, Prabhat Ferry Rally PRA etc. in Jal Jeevan Mission 'Har Ghar Jal' with the support of Implementation Support Agency Baba Ram Karan Das.

The organization has done the work of water quality testing in the village of Maharajganj district. In this, the quality of water and the ruling area was tested and people were made aware about the benefits of clean drinking water. Our organization has tested the water quality with FTK kit in 24-gram panchayats of Brijmanganj block of Maharajganj district. Through water quality testing, community people were made aware to drink clean water.

Environment awareness program: -

Helpless Hope Society Gorakhpur conducted an environment awareness campaign in Maharajganj district. People were told to save the environment. This year they were sensitized on the subject of combating wasteland erosion and drought. The society has also organized such programs for the serious problem of pollution in our environment. Trees are cleaning the air; they take CO₂ from the environment. The society encourages tree plantation and also plants trees at various places and distributes free saplings among the people to plant at various places.

Family Counselling Program -

Helpless Hope Society also organized such a program with the belief that all children deserve the best care, family support, and resources available. Household income should never be a barrier for families in need of services for children with disabilities. Thank you to our incredible

Organic Farming and Temporary Agriculture Program. :-

The Society has also organized programs to access clean, reliable energy that enables farmers and agribusinesses to increase food production and engage in value-added processing. This allows farmers living in off-grid areas to replace expensive diesel generators with new and clean technologies, such as solar food dryers and solar water irrigation. The solar agriculture market is still in the early stages of development and barriers include relatively high technology costs, limited awareness of benefits, lack of appropriate policy incentives and limited access to finance for farmers and suppliers to make solar technologies more affordable.

We support enterprises that adopt, develop and bring to market sustainable, cost-effective solutions for agricultural production, post-harvest and storage processing, including solar pumping, cooling, refrigeration and drying. These technologies result in cost savings, increased yields and local value capture for farmers or local agricultural enterprises. Our advice to businesses includes market entry, product pricing, sales strategies, market assessments, payment solutions, route-to-market strategies and agricultural value chains.

Drinking Water & Sanitation and Community Management Testing and Training Program: -

Helpless Hope Society As part of our commitment to providing a safe, healthy environment, the district will continue its voluntary water testing that began in the spring. We do not expect significant water-quality issues, but we are being proactive to ensure that our pipes, faucets and water fountains are clean and safe. We will be testing water at 39 locations beginning September 24 through November 13. Your student's school is one of the 35 schools being tested next. Testing will not disrupt classes; it will be done when students are not in the building. To see when your student's school is scheduled for testing, you can visit our Water Quality Program Your student's school was contacted. This testing is proactive and voluntary to ensure student and staff safety. We look forward to sharing results with you as soon as they are available.

Animal Welfare Programs: -

Helpless Hope Society is a small NGO leading the fight against illegal wildlife trade, smuggling and consumption. For over 2 years, achievements in ending the illegal wildlife trade have been made possible thanks to donors who support creative, strategic and decisive actions that protect wildlife in the short and long term. Your support is vital to continue these efforts and safeguard a sustainable future for wildlife throughout the district.

Capacity Building and Awareness Programs: -

Creating awareness about the difficulties and injustices faced by many people in Maharajganj and Gorakhpur is central to the work we do here at Helpless Hope Society. This means expressing concerns and sharing solutions with the local government body, local societies, and working within communities facing these challenges to empower individuals and effect lasting change.

The Helpless Foundation realizes that focusing solely on practical programs and solutions, without looking closely at the organizations that manage them, is short-sighted and superficial.

Building the capacity of individuals, organizations, and institutions is crucial for strengthening civil society and grassroots development. By increasing the capacity of organizations involved in development, interventions can be made more effective and their results last longer.

In response to this need, The Helpless Foundation regularly conducts capacity building programs for institutions and individuals. These provide the training and tools needed to effectively assess their own information needs, set their own priorities and build their own information systems.

Gender and Water: -

"Gender refers to the roles, responsibilities, characteristics, and behaviours that a given society associates with our identities as women, girls, men, boys, or non-binary people. Gender is socially and culturally constructed, so our understanding of gender varies depending on the context and over time. Gender affects what is expected of each of us, the power we have in society, how we relate to others, and the norms to which we are expected to conform.

International Literacy Day and Human Rights Day: -

Helpless Hope Society (HHS) is a voluntary organization of Maharajganj and Gorakhpur district, evolved in the year 2019 by a group of like-minded people with an innate vision to serve the marginalized and downtrodden communities for a major social transformation in the field of social-economic empowerment. Since its inception it has been struggling hard to show its efficiency and effectiveness in the development process, while providing the best possible services for the overall development of the community.

HHS activities work towards a just and sustainable society by facilitating the empowerment of the poor irrespective of caste, creed, language and religion to bring about a change in the lives of the most vulnerable sections of the society on the basis of caste, creed, language and religion. Strengthening grassroots capacities by building confidence, problem solving ability, resilience and skills among local people in ensuring children, education, health, women, rural development, socio-economic development.

Sarva Shiksha Abhiyan: -

'School Project' has been designed by HHS with the motto of "Developing healthy habits through education" to meet the educational as well as health and nutritional needs of slum children aged 2.5 to 6 years.

Such project is run through various slum areas of Maharajganj, Gorakhpur and Kushinagar having a population of about half a million. Due to low income and unemployment problems parents are unable to provide pre-school education and proper nutrition to their children. This project helps to meet their needs as well as prevent future school dropouts.

Rashtra Ekta Program. :-

It is undoubtedly true that in our country still 70% of the people live in villages and due to some constraint's awareness comes among the people living in rural areas. Keeping in mind the above problem, this awareness camp was organized by the society at Babu Jangi Singh Degree College,

Badhya Chowk, Gorakhpur. The basic purpose of this camp was to make all the people get the benefits of the whole new scheme started by the government for the health mission welfare of the public whether in education, employment or technical guidance etc. At regular intervals the society educates about the importance of health through its camps. The society itself is involved in organizing various types of health tests and medical camps.

Women Employment Training Program. :-

To help women, society considering setting up short stay homes and family counselling centres in various areas of the district to settle needy women on temporary basis. The society organized a program on women and child labour in various villages on Labor Day. In this program, volunteers roused the public about female child labour and told the participants about the provisions of the Labor Act. The Labor Act provided how women and child labour should be eliminated. If this happens then there are many punitive measures that can be taken by informing the district administration, police and NGOs, about 370 men and women attended the program.

Human Right to Information and Education Program: -

On behalf of the society, a program was organized on women and child labour in various villages. In this program, volunteers enlightened the public about women child labour and told the participants about the provisions of the Labor Act. The Labor Act provides how to eliminate women and child labour.

Kishori Shakti Program: -

A program to improve the nutritional, health and growth status of adolescent girls, promote awareness about health, hygiene, nutrition and family care, link them to opportunities to learn life skills, go back to school, help them gain a better understanding of the social environment and take initiatives to become productive members of society.

This program is launched for the proper development of society especially in rural areas. Under this program field workers appointed by the society who go from door to door and explain to people that now they should use their free time properly, how to use free time properly etc. This program was well received by the people of both rural and urban areas.

Air Pollution Awareness Program. :-

A Program From smog covering cities to indoor smoking, air pollution is a major threat to health and climate. Ambient (outdoor) air pollution in both cities and rural areas is causing fine particles resulting in strokes, heart diseases, lung cancer, acute and chronic respiratory diseases. Helpless Hope Society has created awareness on this.

Seminar/Workshop: -

The program is initiated by the society, Helpless Hope Society. Seminars, workshops and conferences hold a great significance in a student's life. They are not only platforms for learning new aspects, others' perspectives and the latest information but also a good way of networking.

Attending these brings many benefits, first confidence, then networking, information and motivation.

As we know confidence is very important for everyone at every stage of life, which somewhere a science student (who has not participated in any forum activity or any debate but has a good academic record) lacks as he does not have many opportunities to speak in front of an audience. So, attending these types of seminars and conferences and interacting with leaders in his field or presenting a poster at the conference increases a student's confidence which helps him during an interview.

Networking is an important part of any person's life. Students and teachers from various institutes participate in the workshops. Meeting new people and making new friends can help the student to seek guidance and encourage new ways of thinking. If a student wants to continue his career in scientific research, then meeting related people in conferences can be very beneficial as many scientists attend these conferences.

A student doing post-graduation and wants to do PhD and GNET can learn about the recent studies going on in the related field and explore new areas of research which will help him to choose his topic for research and also, they will get to know about good laboratories and institutes which they would like to work in in the future. Students feel encouraged and motivated by learning about new topics and meeting leaders in their field.

Listening to a prominent person in a seminar or workshop helps the student to gain insight into their way of working or how things happen. It helps to know about professional institutes and new discoveries in their field.

Presenting a poster at a conference helps the student gain soft skills that will be valuable in their academic career. Creating a poster by an undergraduate or postgraduate student helps them explore science at a deeper level. Presenting a poster helps the student build their skills that will be useful in the future.

President

Skand Kumar Chaurasiya